

**THE CHILDREN'S HOUSE**  
**PRESCHOOL &**  
**KINDERGARTEN**  
**PARENT BULLETIN**  
**October 13, 2011**

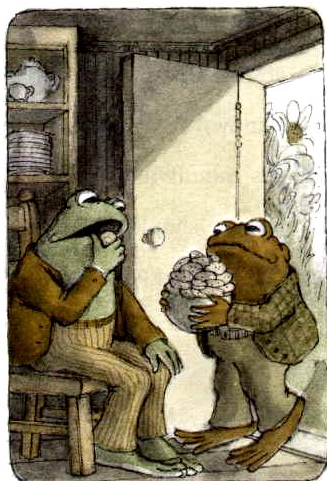


*Kindergarteners enjoy their field trip to the pumpkin patch!*

**Dear Parents & Grandparents:**

Our Word of the Week is **SELF-CONTROL**

This is an excerpt from a story about Frog and Toad:



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Frog and Toad ate many cookies, one after another. "You know, Toad," said Frog with his mouth full, "I think we should stop eating. We will soon be sick." "You are right," said Toad, "Let's eat one last cookie and then we will stop." So Frog and Toad ate one last cookie. There were many cookies left in the bowl. "Frog!" said Toad, "Let's eat one *very last* cookie and then we will stop." Frog and Toad ate one *very last* cookie.

"We must stop eating!" cried Toad as he ate another. "Yes," said Frog, reaching for a cookie, "We need willpower." "What is willpower?" asked Toad. "Willpower is trying hard to not to do something that you really want to do." "You mean like trying not to eat all of these cookies?" asked Toad. "Right," said Frog.

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Poor Frog and Toad! Frog is right. They do need willpower. So do we. Another word for willpower is self-control, which happens to be our word of the week.

The Bible says that when we have a relationship with God, one of the results will be more self-control in our lives.

*For the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.*

Galatians 5:22,23

Self-control is the ability to use sound judgment and to act responsibly, resisting inappropriate behavior. Have you ever heard the expression, "Think before you speak?" That is an example of using self-control. For Frog and Toad, self-control could be described as "Think before you eat!"

**CALENDAR OF EVENTS**

- 10/20, Thursday POD 6 – Field trip to Aloun Farms and lunch at Kapolei Regional Park
- 10/28, Friday Harvest Festival – All Pods
- 11/1, Tuesday PODS 5, 6 & 7 only – Influenza (flu) vaccine clinic
- 11/4, Friday **NO SCHOOL** – Staff Inservice Day for teachers
- 11/9, Wednesday Make-up day for individual photos
- 11/11, Friday **NO SCHOOL** – Veterans' Day Holiday



**PARENT-TEACHER CONFERENCE**



Thank you to all parents who attended their parent-teacher conferences last week. It was nice to see all of you and we hope you found the meeting with your child's teachers to be helpful and informative. We appreciate your positive comments, words of encouragement and support.

## IMPORTANT REMINDER - ADDRESS AND PHONE CHANGES



Parents, it is imperative that you notify the office of all changes to your address and all telephone numbers (home, work and cellular) in case of an emergency. Your personal data should be kept current at all times if the school needs to contact you regarding your child. Please call or come to the office to pick-up and complete a “Change In Student Status” form so we can update your records.



Please remember that we do not celebrate Halloween and kindly ask that **NO** treats be sent to school, other than that requested by the teachers for Harvest Celebration. Please refer to page 19 in our Parent Handbook regarding special treat days.

### Christmas Program Schedule

We want to let you know ahead of time the date of your child’s Christmas Program so you can arrange your work schedules to attend. Parents, grandparents, aunties and uncles are all invited. All programs begin at 9:00 a.m. and will be held in the Pavilion. Admission is **one dozen** cookies per family (**PLEASE NO NUTS AND NO NUT PRODUCTS**).

12/1, Thursday	Christmas Program for Pod 4
12/2, Friday	Christmas Program for Pod 1
12/5, Monday	Christmas Program for Pod 2
12/6, Tuesday	Christmas Program for Pod 3
12/7, Wednesday	Christmas Program for Pod 7A
12/8, Thursday	Christmas Program for Pod 7B
12/9, Friday	Christmas Program for Pod 6 (Grades 1-2)
12/12, Monday	Christmas Program for Pod 5 (Grades 3-6)



### POD 7’s EDIBLE DESERT CUPS

The kindergarteners concluded a lesson learning about the desert, including its environment, plants, and animals. As a highlight, the children made their own edible desert cup. In preparation, the children mixed their own vanilla pudding and pounded graham crackers to be used as “desert sand”. The children made their own desert cup by layering the pudding, graham crackers, and finally topped it off with animal cookies. What a delicious treat!





## **IMPORTANT REMINDER TO PARENTS**

Your children's health and safety is our primary concern here at The Children's House. We continue to do everything we can to ensure a clean and germ-free environment for our students, their families and our staff. We teach your children good hygiene habits at school, and ask for your help in practicing these good habits with your children at home.

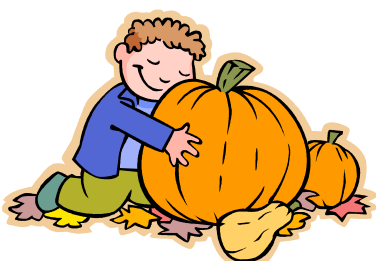
Prevention is the key. Talk to your children and remind them about the importance of washing their hands often and the proper way of coughing and sneezing to avoid spreading germs. Below are some important reminders:

- If your child has a fever with a cough, sore throat or runny nose, it is recommended that he/she remains home to rest and to avoid sharing their germs with others.
- If medication is given before school for fever, your child should not be sent to school.
- Your child should be without a fever for 24 hours (without the use of a fever reducing medicine) before returning to school.
- As a precautionary measure, if your child appears to have an illness upon arrival to school or becomes ill during the school day, we will promptly separate him/her from the other students. Parents will be called to pick up their child from the health room as soon as possible.
- Continue to practice good hygiene habits:
  - Properly wash your hands often with soap and water. If soap and water is not available, use an alcohol-based cleaner.
  - Avoid touching your eyes, nose and mouth because germs spread this way.
  - Cough and/or sneeze into the crook of your arm or into a tissue and then throw the tissue away in the trash right away.

If you have any questions or concerns, please contact our office or refer to page 10 in our Parent Handbook regarding illnesses.

### **POD 7 VISITS THE PUMPKIN PATCH**

On Wednesday, October 5<sup>th</sup>, the pre-kindergarten and kindergarten classes in Pod 7 went on a study trip to the pumpkin patch at Aloun Farms. The Good Shepherd blessed us with beautiful sunny weather. The children learned and explored God's creation while enjoying a hay ride through the farm, as well as picking a pumpkin to take home to share with their families! A big mahalo to our parent chaperones!



More pictures from the pumpkin patch. Wow! Look at all these nice pumpkins to choose from.



## PRESCHOOL/KINDERGARTEN PARENTS MAKE THE DIFFERENCE!

### Motivating Your Child

## Small accomplishments motivate your child to take on challenges



Each time your child does something on his own, no matter how small, he sees himself as a competent person. When the next challenge arrives, he is more likely to try it with a positive attitude.

You can motivate your child and encourage his sense of competence if you:

- Give him some time alone (with you in the next room) every day. Not time alone in front of the TV. But time alone with a puzzle, art supplies or blocks. Each time he fits in a puzzle piece or stacks a block, the idea that "I can do it!" gets stronger.
- Let him do things by himself. Resolve not to do for your child what he can do for himself. It's more important that he combed his own hair, than the fact that some of it is still out of place and a little messy.
- Work with your child. Many tasks are still out of his reach. But he can do them with you. He can hold the dustpan, tear lettuce for salad or put canned goods on a shelf after a trip to the grocery store. Doing these jobs tells him, "I am a helpful and important member of my family."

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### CLASS OBSERVATION

Parents, if you would like to visit your child's classroom, please call the office to schedule an appointment. Classroom observations are usually from 9:00 to 10:00 a.m. This is an excellent way for you to observe your child and the various work and activities he/she does in the classroom.

God Bless,

The Children's House Administration

Visit our website at [www.childrenshousehawaii.org](http://www.childrenshousehawaii.org)